

Fried Rice



RECIPE

Ingredients

2 cups	Uncooked rice (6 cups cooked rice)
1 can	Spam (340g) (you can use diced bacon instead)
½ dozen	Eggs, beaten
3 cups	Frozen vegetables (eg. corns, carrots, peas)
	Soy sauce

Cooking instructions

1. Cook rice according to instructions on the packet.
2. Defrost frozen vegetables in the microwave
3. Fry diced bacon in a pan until brown. Remove from pan.
4. Fry eggs in pan. Remove from pan.
5. Mix a portion of rice, defrosted vegetables, bacon and eggs into a bowl. The quantities of each ingredient up to you.
6. Drizzle ¼ cup of soy sauce at a time. If the mixture is too salty, add more rice. If mixture is not salty enough, add more soy sauce.
7. Pack into a box and freeze.

Reheat instructions

1. Heat up the boxed food either in its box or empty onto a plate.
2. Add 2 tsp sesame oil (optional, but it tastes soooo good when you add this)
3. Serve as a meal or as a base dish with other dishes.